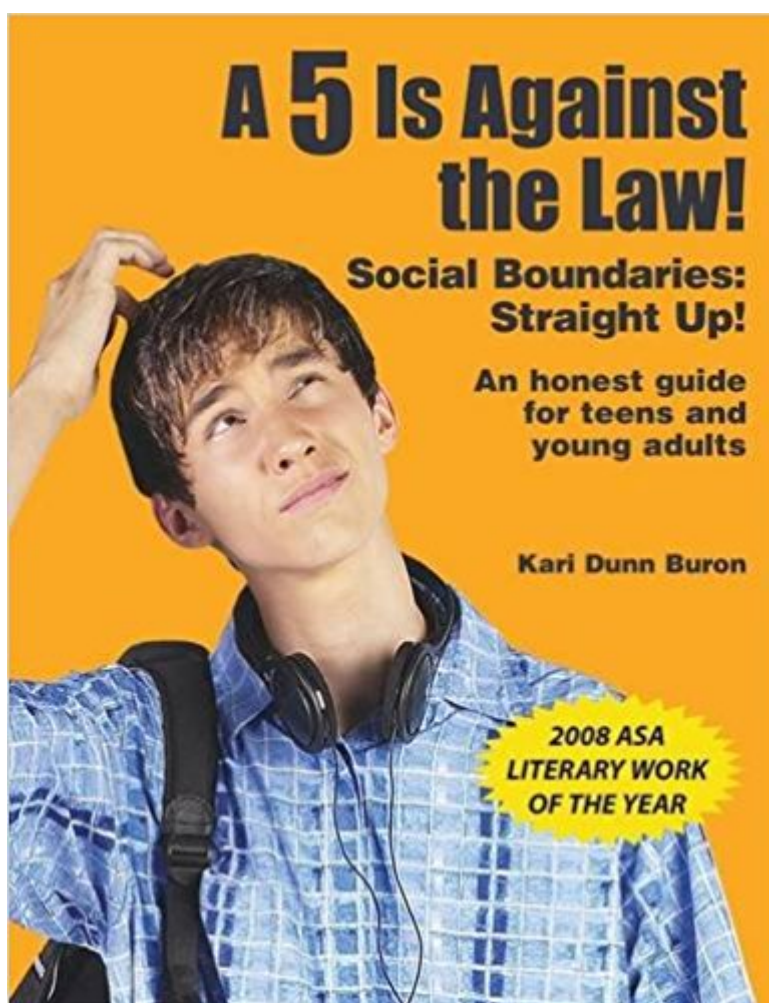


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# A 5 Is Against The Law! Social Boundaries: Straight Up! An Honest Guide For Teens And Young Adults



## Synopsis

Building on Kari Dunn Buron's popular *The Incredible 5-Point Scale*, this book takes a narrower look at challenging behavior with a particular focus on behaviors that can spell trouble for adolescents and young adults who have difficulty understanding and maintaining social boundaries. Using a direct and simple style with lots of examples and hands-on activities, *A 5 Is Against the Law!* speaks directly to adolescents and young adults. A section of the book is devoted to how to cope with anxiety before it begins to escalate, often leading to impulsive and unacceptable behavior. Throughout the book, the reader is encouraged to think about and create his own behavior on an anxiety scale that applies to his particular emotions and situations.

## Book Information

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Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

*A 5 Is Against the Law!* offers in a creative and interesting format an honest and down-to-earth look at the kinds of social situations many teens and young adults struggle with. It is written in a very user-friendly style that readers will relate to. The suggestions and activities are excellent. I hope this book is a bestseller. --Liane Holliday Willey, Ed.D., author  
*At last! A meaningful, yet humorous, and easy-to-use intervention that identifies and explains how to handle different levels of anxiety, frustration, and anger. This workbook is a boondoggle for people with Asperger Syndrome and high-functioning autism as well as those supporting them in understanding and successfully living with these strong and often confounding emotions.* --Stephen M. Shore, M.A., author, consultant

and presenter on autism This is a great practical guide that will facilitate insight into social conventions and regulations. As a result of completing the activities, a person with ASD will be better able to avoid causing offense or getting into trouble with the law. Kari's excellent program will be used with people who have high-functioning autism and Asperger Syndrome at our clinic in Australia. --Tony Attwood, Ph.D., clinical psychologist, The Asperger's Syndrome Clinic, Australia

At last! A meaningful, yet humorous, and easy-to-use intervention that identifies and explains how to handle different levels of anxiety, frustration, and anger. This workbook is a boondoggle for people with Asperger Syndrome and high-functioning autism as well as those supporting them in understanding and successfully living with these strong and often confounding emotions. --Stephen M. Shore, M.A., author, consultant and presenter on autism

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Since 1995, I have been employing young adults with Asperger Syndrome at my summer camp. Over that time period, one young man was fired from his job for stalking a coworker, one young man was fired for having a tantrum on the job, and a young woman had her driver's license taken away because of road rage. In addition, in recent years, while working with students K-12, I have seen a dramatic increase in the numbers of students with Asperger Syndrome who were being referred to sexual offender programs for sexual harassment. In all cases, issues of social skills, especially boundaries, were both. And in all cases, both parents and teachers were desperate for a method that could effectively teach these students the basics of social boundaries. I wrote my new book, A 5 Is Against the Law! with these individuals in mind. I am hopeful that professionals and parents will use the book as a workbook either 1:1 or in small groups. The approach used puts grey thinking social information, which poses special challenges for individuals with autism spectrum disorders, into a black-and-white systematic format for clearer understanding. In addition, the book directly relates the person's behavior to possible outcomes that could affect personal freedom in hopes of increasing his or her motivation to learn. The ultimate objective of this approach is for readers to better understand how their personal behavior impacts how others perceive and judge them, and how that judgment, fair or not, can impact their lives. I hope you enjoy the book. I welcome your feedback.

This book, while well-written, is primarily focused on boys sexually harassing and stalking girls through lack of social awareness. I had intended it for a girl who needed to understand that controlling one's temper is more important as she grows older. Some of the book applies to her and is helpful, if a bit simplistic, but so much of it doesn't apply that she probably won't listen to the advice.

Great content, especially to help students with special needs understand social boundaries.

love it

Plain, clear, direct. Perfect for students who think in black and white. User friendly text and graphics.

I read this with my aspergers son who is in middle school. It helped him understand that some of the behaviors that were tolerated in elementary school are no longer acceptable in a teenager. Tantrums become scary to other kids and adults. He is working on other ways to deal with frustration, including leaving the classroom by himself and fidgets that help him cope. The book has simple text and valuable use cases that resonate. Would recommend to anyone with a teen who has a lack of social awareness.

This was a fabulous tool for working with our child who suddenly had problems with sexually inappropriate conduct in Middle School. The examples used were very similar to the scenarios which we experienced. Brief and to the point with practical application.

I really liked this manual. It is simple and to the point. Using the 5 point steps are very good with juvenile offenders to help them see why they got where they are at and how to prevent it in the future.

If you have any students with Autism or even someone who is socially awkward and who needs more direction on what is acceptable, this book (along with Incredible 5 Point Scale) is a great guide. We were very pleased with it.

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